

# HUMILITY

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

parent  
cue

## MEMORY VERSE

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves."

Philippians 2:3, NIV

WEEK

1

### Jesus Washes the Disciples' Feet

John 13:1-17

#### BOTTOM LINE:

I can put others first  
by serving them.

WEEK

2

### Jesus Praying in the Garden

Matthew 26:36-56

#### BOTTOM LINE:

I can put others first  
by letting go of what I want.

3

### Jesus is Crucified, Buried, and Resurrected

John 18:12-20:23

#### BOTTOM LINE:

I can put others first  
because Jesus put me first.

WEEK

4

### The Great Commission & Ascension

Matthew 28:16-20

#### BOTTOM LINE:

I can put others first  
by doing what Jesus said.

WEEK

5

### Humility of Jesus

Philippians 2:3-8

#### BOTTOM LINE:

Put others first.



## MORNING TIME

This month, at the start of each week, have every family member pick the name of another family member, to be their designated target in Project: Humility. The goal is to look for and then act on ways, where everyone can put the needs of their person first that week. Try to be as secretive as possible, and by the end of the week, see if each of you can guess who had who as their "target." Remember, the key to humility is attitude! So encourage everyone in the family to serve willingly and happily!



## DRIVE TIME

While driving to school, waiting at the bus stop, have your child think through the people in their lives whom they could show humility towards. Who can they put ahead of them? And then, most important, how do they plan on showing humility to their classmate?



## MEAL TIME

**Ask a kid:** Name all the places you go where you feel like you're the best or most important? What are some places you wish you were number one?

**Ask a parent:** What was your first . . . pet? Concert? Word? Job? Family vacation?



## BED TIME

Read John 18:12-20:23 together as a family. Talk about the times when it is hardest to show humility and put others first. What do you think motivated Jesus to show humility by laying down His life for us? Every day we have the opportunity to show humility, out of love, for others. Brainstorm some fun and creative ways you can show humility to the people around you. As a family, pray that God would help you notice more opportunities to show humility. And then give you all the courage to act on it.



## PARENT TIME

As a parent, it can feel like all day, every day is a lesson in putting our kids first. And most of the time we do it with little to no recognition. But humility isn't just about the serving. It's about the attitude behind it and love that motivates it. This month, work on going above and beyond to do things for your children with a humble heart—and not a tired, reluctant or frustrated one. As the most powerful people in the house, we have the opportunity to set the tone for what serving others in humility looks like. Because our kids are more than just the recipients of our humility, they are observers of it, and taking cues on how to do it themselves.

For more ideas, visit [Studio252.tv](http://Studio252.tv)